

**SUN MON TUE WED THUR FRI SAT**

	<b>April Fool's Day</b> 9:30 AM Energizing Yoga (GF) <b>1</b> 9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Morning News (CR) 11:00 AM Rock n' Band (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 2:00 PM Ladies Tea (L) 3:00 PM Bingo (L) 6:30 PM Rummikub (GR)	9:30 AM Hallway Exercise (1st Fl South) <b>2</b> 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 12:00 PM Ice Cream Social (L) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM "90 Proof" (L) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominoes (L)	9:30 AM Hallway Exercise (1st Fl South) <b>3</b> 9:30 AM HUR Fitness (Gym) 9:30 AM Craft Time (CR) 10:00 AM Catholic Mass (T) 10:15 AM Walkin' n' Rollin 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study with Pete (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L) 6:30 PM Spinner Game (GR)	9:30 AM Hallway Exercise (1st Fl South) <b>4</b> 9:30 AM Seamstress (L) 10:30 AM Shopping at Walmart 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	9:30 AM Hallway Exercise (1st Fl South) <b>5</b> 9:30 AM HUR Fitness (Gym) 10:00 AM Color Me Calm (CR) 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L) 6:30 PM Rummikub (GR)	10:00 AM <b>6</b> <b>Rummage Sale</b> 10:00 - 2:00 (L) 1:00 PM Mexican Train Dominoes (L) 3:00 PM Chair Volleyball (GF)
10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) <b>7</b> 2:00 PM Spinner Game (GR)	9:30 AM Energizing Yoga (GF) <b>8</b> 9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Morning News (CR) 10:30 AM Shopping at HyVee 11:00 AM Rock n' Band (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 1:30 PM Resident Led Book Club (B) 3:00 PM Bingo (L) 6:30 PM Rummikub (GR)	9:30 AM Hallway Exercise (1st Fl South) <b>9</b> 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 12:00 PM Ice Cream Social (L) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Wine Tasting w/ Jeff Griffith (L) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominoes (L)	9:30 AM Hallway Exercise (1st Fl South) <b>10</b> 9:30 AM HUR Fitness (Gym) 9:30 AM Craft Time (CR) 10:00 AM Lakeview Blood Pressure Clinic (L) 10:15 AM Walkin' n' Rollin 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study with Pete (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L) 6:30 PM Spinner Game (GR)	9:30 AM Hallway Exercise (1st Fl South) <b>11</b> 10:00 AM Catholic Word and Communion Service (T) 10:45 AM Juliet Luncheon (KMacho's) 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	9:30 AM Hallway Exercise (1st Fl South) <b>12</b> 9:30 AM HUR Fitness (Gym) 10:00 AM Color Me Calm (CR) 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Birthday Mix and Mingle (L) 6:30 PM Rummikub (GR)	1:00 PM <b>13</b> <b>Mexican Train Dominoes (L)</b> 3:00 PM Chair Volleyball (GF)
10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) <b>14</b> 2:00 PM Spinner Game (GR)	<b>Tax Day</b> 9:30 AM Energizing Yoga (GF) <b>15</b> 9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Morning News (CR) 10:45 AM Mixed Luncheon (Hereford House) 11:00 AM Rock n' Band (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 3:00 PM Bingo (L) 6:30 PM Rummikub (GR)	9:30 AM Hallway Exercise (1st Fl South) <b>16</b> 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 12:00 PM Ice Cream Social (L) 1:00 PM Resident Led Rosary (T) 1:00 PM Activities Meeting (L) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Men's Pub Club (B) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominoes (L)	9:30 AM Hallway Exercise (1st Fl South) <b>17</b> 9:30 AM HUR Fitness (Gym) 9:30 AM Craft Time (CR) 10:00 AM WWI Museum and Memorial 10:15 AM Walkin' n' Rollin 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:00 PM Dining Meeting (B) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study with Pete (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L) 6:30 PM Spinner Game (GR)	9:30 AM Hallway Exercise (1st Fl South) <b>18</b> 10:00 AM Catholic Word and Communion Service (T) 10:30 AM Shopping at Walmart 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	9:30 AM Hallway Exercise (1st Fl South) <b>19</b> 9:30 AM HUR Fitness (Gym) 10:00 AM Color Me Calm (CR) 10:00 AM Craft with Nancy from American Shaman (L) 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L) 6:30 PM Rummikub (GR)	1:00 PM Mexican Train Dominoes (L) <b>20</b> 3:00 PM Travelogue Chicago - Architectural Masterpiece (L)
10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) <b>21</b> 2:00 PM Spinner Game (GR)	<b>Passover Earth Day</b> 9:30 AM Energizing Yoga (GF) <b>22</b> 9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Morning News (CR) 10:30 AM Shopping at Price Chopper 11:00 AM Rock n' Band (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 3:00 PM Bingo (L) 6:30 PM Rummikub (GR)	9:30 AM Hallway Exercise (1st Fl South) <b>23</b> 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 12:00 PM Ice Cream Social (L) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominoes (L)	9:30 AM Hallway Exercise (1st Fl South) <b>24</b> 9:30 AM HUR Fitness (Gym) 9:30 AM Craft Time (CR) 10:15 AM Walkin' n' Rollin 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study with Pete (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L) 6:30 PM Spinner Game (GR)	9:30 AM Hallway Exercise (1st Fl South) <b>25</b> 9:30 AM Seamstress (L) 10:00 AM Catholic Word and Communion Service (T) 10:45 AM Romeo Luncheon (Houlihans) 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	9:30 AM Hallway Exercise (1st Fl South) <b>26</b> 9:30 AM HUR Fitness (Gym) 10:00 AM Color Me Calm (CR) 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L) 6:30 PM Rummikub (GR)	1:00 PM Mexican Train Dominoes (L) <b>27</b> 3:00 PM Chair Volleyball (GF)
10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) <b>28</b> 2:00 PM Spinner Game (GR)	9:30 AM Casino (Hollywood) <b>29</b> 9:30 AM Energizing Yoga (GF) 9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Morning News (CR) 11:00 AM Rock n' Band (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 2:00 PM Town Hall Meeting (DR) 3:00 PM Bingo (L) 6:30 PM Rummikub (GR)	9:30 AM Hallway Exercise (1st Fl South) <b>30</b> 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 12:00 PM Ice Cream Social (L) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominoes (L)	<b>LOCATION KEY</b> B - Bistro CR - Craft Room DR - Dining Room GR - Game Room GF - Ground Floor	L - Lounge T - Theatre		<b>APRIL BIRTHDAYS:</b> 2-Lloyd Kirk 6-Mary Trabue 9-Freda Kyle 10-Gloria Floyd 16-Della Ratliff 20-Roberta Heorman 22-Lorene Gorman

April 2024

