

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TerraBella PHEASANT REDGE 4.1.2024	1	2 10:15-10:45 Mind & Body Exercise with Powerback Therapy CK 1:30-2:30 Resident Council CK 2:45-3:45 Family Feud! CK 5:30-7:30 Scrabble Club	3 9:00-11:00 Bus Trip to Walmart 1:30-2:30 Blood Pressure Clinic with Kyle from MSA 2:30-3:30 Left, Right, Center CK 6:00-7:00 Card Game in the Parlor	4 10:30-11:00 Darts CK 1:30-2:30 Wine and Cheese Social and Trivia P 2:30-3:30 Coloring Club CK 5:30-7:30 Scrabble Club	5	6 9:30-10:30 Game Time with Lisa P 1:00-2:00 Card Games P 2:30-3:30 Cornhole P 5:30-7:30 Scrabble Club 6:00-8:00 Saturday Evening Movie P
7 10:30-11:00 Yahtzee! P 1:15-2:15 <u>Bible Service with</u> <u>Richard Carr</u> P 5:30-6:30 Take a walk with a friend or sit and chat for a spell	8 Solar Eclipse Day  10:30-11:00 Bean Bag Toss P  1:30-2:30 Hymns with Pastor Foster P  2:30-3:00 Catholic Communion, Our Lady of Nazareth PDR  5:30-7:30 Scrabble Club  9:20 March Madness Championship game	9 10:15-10:45 Mind & Body Exercise with Powerback Therapy CK 1:30-2:30 Concert by Robbie Vance MC 3:30-4:00 Card games in the Parlor P 6:00-7:00 Concert by Paul Kidd and Friends P	10 10:30-11:00 Volleyball 11:00-1:00 Bus Trip to Hamricks and Lunch 1:30-2:30 Name that Tune MT 5:30-7:30 Scrabble Club	11 10:30-11:00 Card Games P 1:30-2:30 Treats and Trivia with Tiffany CK 2:30-3:30 BINGO! CK 5:30-6:30 Walk with a Friend	10:15-10:45 Mind & Body Exercise with Powerback Therapy CK  1:30-2:30 Birthday Party for everyone born in April! P  5:30-7:30 Scrabble Club  6:00 Movie Night MT	9:30-10:30 Game Time with Lisa P 1:30-2:30 Music with Tom Adams P 3:00-3:30 Ring Toss P 6:00-8:00 Saturday Evening Movie P
14 10:30-11:00 Volleyball P 1:15-2:15 <u>Bible Service with</u> <u>Richard Carr</u> P 3:00-4:00 Board Game in the Parlor 5:30-7:30 Scrabble Club	15	16 10:15-10:45 Mind & Body Exercise with Powerback Therapy CK 1:30-2:30 Concert with Sarah Kennedy P 2:30-3:30 Affinity Support Group CK 5:30-7:30 Scrabble Club	17 PHappy Birthday Barbara H P  10:00-11:00 Cornhole P  1:00-3:00 Scenic Bus Trip with a stop at Katies Ice Cream  6:00-8:00 Card Game in the Parlor	18 10:00-11:00 Uno CK 1:30-2:30 Concert by Tiffany MC 2:30-3:30 BINGO! CK 5:00 Family Night with DJs Pat and Sam! 5:30-7:30 Scrabble Club	19 10:30-11:00 Mind & Body Exercise with Powerback Therapy CK 1:30-2:30 Food Committee Meeting with Ellie CK 2:30-3:30 Wine and Cheese Social with Trivia! 6:00 Movie Night MT	9:30-10:30 <u>Game Time with Lisa</u> P 1:00-1:30 Bean Bag TossP 2:00 -3:00 Card Games 5:30-7:30 Scrabble Club
21 10:30-11:00 Card Games P 1:15-2:15 <u>Bible Service with</u> <u>Richard Carr</u> P 3:00-4:00 Work on a puzzle in the Parlor	22	23 10:15-10:45 Mind & Body Exercise with Powerback Therapy CK 1:30-2:30 Concert by The Saxy Keys MC 6:00-8:00 Movie of choice P	9:00-11:00 Bus Trip to Big Lots and Dollar Tree 2:00-3:00 Jeopardy! 5:30-7:30 Scrabble Club	25 10:30-11:00 Volleyball 1:30-2:30 Concert by 40 Years After P 2:30-3:30 Card Games CK	26 10:15-10:45 Concert by The Young Brothers P 1:30-2:30 Nails with JaVonne CK 2:30-3:30 Nt'l Pretzel Day Social P	9:30-10:30 <u>Game Time with Lisa</u> P 2:00-3:00 <u>Concert by the</u> <u>Greenstreet Boys, Central</u> <u>Baptist Church</u> P

	5:30-7:30 Scrabble Club		6:00-8:00 Game of choice P	6:00-8:00 Movie in the Parlor	5:30-7:30 Scrabble Club 6:00 Movie Night MT	6:00-8:00 Saturday Evening Movie P
28 10:30-11:00 Church Service w/the Spanglers, 1st Baptist Church P 1:15-2:15 Bible Service with Richard Carr P 5:30-7:30 Scrabble Club	10:30-11:00 Ring Toss P 1:30-2:30 Yahtzee! CK 2:30-3:00 Catholic Communion, Our Lady of Nazareth PDR 6:00-8:00 Movie in the Parlor	30 Nat'l Therapy Animal Day (2)  10:15-10:45 Mind & Body Exercise with Powerback Therapy CK  1:00-2:00 April Craft with Crafty Kayla, Affinity Care of Virginia CK  5:30-7:30 Scrabble Club  6:00-8:00 Movie of choice P		Locations  DR – Dining Room  MC – Memory Care  P – Parlor  PD – Private Dining  MT- Movie Theater  CK- Country Kitchen	Worksheets are placed in the Parlor daily during our renovation!  Exercise your brain!	Activities are subject to change!  Check daily at the front counter or elevators for the activities schedule!

## April 2024 TerraBella Pheasant Ridge Memory Care Celebrations Calendar

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 Easter Monday 10:30-11:00 Morning Exercise 1:30-2:30 Easter Social! 3:00-4:00 April Coloring 6:00-7:00 Movie Night!	2 10:30-11:00 Morning Exercise 1:30-2:30 Volleyball! 2:30-3:45 April Scattegories 6:00-7:30 Evening Movie	3 10:30-11:00 Morning Exercise 1:00-2:00 Scenic Bus Trip 2:30-3:30 Blood Pressure Clinic 6:00-7:30 Walk with a friend	4 10:30-11:00 Morning Exercise 1:30-2:00 Conversation Ball Toss 2:30-3:30 Life Skills Stations 6:00-7:00 Comedy Show	5 10:30-11:00 Morning Exercise 1:30-2:30 Bowling 3:00-3:30 Water Painting 6:00-7:00 Comedy Movie	6 10:00-11:00 Morning Stretches 1:00-2:00 Life Skills Stations 2:15-2:45 Refreshments in the Courtyard 3:00-4:00 Music and Relaxation 6:00-7:00 Vintage TV show and Refreshments	
7 10:00-11:00 Morning Stretches 12:00-12:30 Gospel Music 12:45-1:15 Refreshments in the Courtyard 1:15-2:15 Bible Service with Richard Carr AL 2:30-3:30 Life Skills Stations 6:00-7:00 Vintage Show	8	10:30-11:00 Morning Exercise 1:30-2:30 Concert by Robbie Vance MC J 2:30-3:30 Dice Games! 6:00-7:30 Concert by Paul Kidd and Friends	10 10:30-11:00 Morning Exercise 1:00-2:00 Scenic Bus Trip 2:00-3:00 Gardening Club 3:00-3:30 Afternoon Stretches 6:00-7:00 Evening Stroll	11 10:30-11:00 Chair Exercise 1:30-2:30 Family Feud 3:00-4:00 Life Skills Stations 6:00-8:00 Movie of choice	5 10:30-11:00 Morning Exercise 1:00-2:00 Nail Day 2:30-3:30 Birthday Party! 6:00-7:00 Adult Coloring	13 10:00-11:00 Morning Stretches 1:00-2:00 Life Skills Stations 2:15-2:45 Refreshments in the Courtyard 3:00-4:00 Music and Relaxation 6:00-7:00 Vintage TV show and Refreshments	
14 10:00-11:00 Morning Stretches 12:00-12:30 Gospel Music 12:45-1:15 Refreshments in the Courtyard 1:15-2:15 Bible Service with Richard Carr AL 2:30-3:30 Life Skills Stations 6:00-7:00 Vintage Show	15 10:30-11:00 Morning Exercise 1:30-2:30 Concert by Marc Baskinds AL  2:30-3:00 Kickball 6:00-7:00 Walk with a Friend	16 10:30-11:00 Morning Exercise 1:30-2:30 Concert by Sarah Kennedy AL & 3:00-4:00 Bingo! 6:00-7:00 Puzzles	17 10:00-11:00 Scenic Bus Trip 1:30-2:30 Gardening Club 3:00-3:30 Afternoon Stretches 6:00-7:00 Evening Movie	18 10:30-11:00 Chair Exercise 1:30-2:30 Concert by Tiffany MC (1) 2:30-3:30 Cornhole 5:00-7:00 Family Night!	19 10:00-11:00 Music Therapy with Meredith! 1:30-2:30 Mocktails in the Courtyard 3:00-3:30 Afternoon Stretches 6:00-7:00 Card games with friends	20 10:00-11:00 Morning Stretches 1:00-2:00 Life Skills Stations 2:15-2:45 Refreshments in the Courtyard 3:00-4:00 Music and Relaxation 6:00-7:00 Vintage TV show and Refreshments	
21 10:00-11:00 Morning Stretches 12:00-12:30 Gospel Music 12:45-1:15 Refreshments in the Courtyard 1:15-2:15 Bible Service with Richard Carr AL 2:30-3:30 Life Skills Stations 6:00-7:00 Vintage Show	22  Happy Birthday Betty  10:30-11:00 Morning Exercise 1:30-2:30 Parachute 3:00-3:45 Spelling Bee 6:00-7:00 Walk with a Friend	23 10:00-10:30 Morning Exercise 1:30-2:30 Concert by Saxy Keys MC  2:30-3:30 Trivia 6:00-7:00 Movie of choice	24 10:00-11:00 Ripley Visits 1:00-2:00 Scenic Bus Trip 2:30-3:30 Gardening Club 6:00-7:00 Puzzles	25 10:00-11:00 Lightning Visits 1:30-2:30 Concert by 40 Years After AL 3:00-3:30 Afternoon Stretches 6:00-7:00 Cards with friends	26 Nt'l Pretzel Day 10:00-11:00 Concert by The Young Brother's AL  1:30-2:30 Nail Day 2:30-3:30 Pretzel Day Social 6:00-7:00 Evening stroll	27 10:00-11:00 Morning Stretches 1:00-1:45 Life Skills Stations 2:00-3:00 Concert by Green Street Boys AL 3:00-4:00 Music and Relaxation 6:00-7:00 Vintage TV show and Refreshments	
28 10:00-11:00 Morning Stretches 12:00-12:30 Gospel Music 12:45-1:15 Refreshments in the Courtyard 1:15-2:15 Bible Service with Richard Carr AL 2:30-3:30 Life Skills Stations 6:00-7:00 Vintage Show	29 10:30-11:00 Chair Exercise 1:30-2:00 Volleyball 2:00-3:00 Math Bee 6:00-7:00 Talk with a Friend	30 10:30-11:00 Morning Exercise 1:30-2:30 Corn Hole 2:30-3:30 Spring Craft w/ Crafting with Kayla 4 6:00-7:00 Movie of choice					

