

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

TerraBella Lake Norman Assisted & Independent Living

													
<p>10:00am Non-Denominational Service 11:00am Coffee & Conversation 11:30am Solve the Puzzle 2:00pm Circle of Friends 2:00pm Left, Right & Center Game 2:30pm Movie & Popcorn 3:30pm Game Time 6:00pm Evening Movie</p>	2	<p>10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Family Feud Game 1:30pm Hand & Foot Game 2:00pm Corn Hole 3:30pm Rummikub 4:00pm Sing Along with Friends 6:00pm Classic Movie Night</p>	3	<p>10:00am Wellness Clinic with CenterWell 10:00am Sit & Stretch 10:30am Coffee & Conversation 11:00am Activity Meeting 1:00pm Needlework Club 1:00pm Mahjong 2:00pm Mardi Gras Sip & Social 3:00pm Creative Crafting 3:00pm St. Therese Church 6:00pm Comedy Movie Night</p> <p style="text-align: center;">Mardi Gras</p>	4	<p>10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Test Your Knowledge 1:30pm Prayer Time with June 1:30pm Ice Cream Social 2:00pm Performance - Good Time Band 3:00pm St. Therese Church 3:30pm Stroke of Color 4:00pm Sing Along with Friends 6:00pm Romance Movie Night 6:15pm Prayer with Deacon Paul Miller</p>	5	<p>10:00am Sit & Stretch 10:00am Shopping Shuttle to Walmart 10:30am Coffee & Conversation 11:00am Blank Slate Game 2:00pm Performance by David Domingo 3:30pm Bingo 6:00pm Mystery Movie Night 6:30pm Hand & Foot Game Night</p>	6	<p>9:30am Baking Club 10:00am Workout with Julie 10:30am Coffee & Conversation 11:30am Lunch Out - Fresh Chef 2:30pm Bead Works 3:30pm Game Time 6:00pm Action Movie Night 6:30pm Kings in the Corner</p>	7	<p>10:00am Bible Study with Russell 11:00am Coffee & Conversation 11:30am Word Search 2:30pm Bingo 3:30pm Game Time 3:45pm Circle of Friends 6:00pm Evening Movie 6:30pm Poker Game Night</p>	8
<p>10:00am Non-Denominational Service 11:00am Coffee & Conversation 11:30am Solve the Puzzle 2:00pm Circle of Friends 2:00pm Left, Right & Center Game 2:30pm Movie & Popcorn 3:30pm Game Time 6:00pm Evening Movie</p> <p style="text-align: center;">Daylight Saving Time Begins</p>	9	<p>10:00am Sit & Stretch 10:30am Coffee & Conversation 11:00am Family Feud Game 1:30pm Hand & Foot Game 2:00pm Corn Hole 3:30pm Rummikub 4:00pm Sing Along with Friends 6:00pm Classic Movie Night</p>	10	<p>9-11:00am Tech Tuesday with Jeff 10:00am Sit & Stretch 10:30am Coffee & Conversation 11:00am New Resident Meet & Greet 1:00pm Needlework Club 1:00pm Mahjong 2:00pm Happy Hour 3:00pm Creative Crafting 3:00pm St. Therese Church 6:00pm Comedy Movie Night</p>	11	<p>10:00am Sit & Stretch 10:30am Coffee & Conversation 11:00am Test Your Knowledge 1:30pm Prayer Time with June 2:00pm Ice Cream Social 2:00pm Corn Hole with Friends 3:30pm Kings in the Corner 4:00pm Sing Along with Friends 6:00pm Romance Movie Night 6:15pm Prayer with Deacon Paul Miller</p>	12	<p>10:00am Sit & Stretch 10:00am Shuttle to Harris Teeter 10:30am Coffee & Conversation 11:00am Blank Slate Game 2:00pm Shuttle to Kohls 2:00pm Bingo 6:00pm Mystery Movie Night 6:30pm Hand & Foot Game Night</p> <p style="text-align: center;">Purim Begins</p>	13	<p>9:30am Plastic Canvas Stitching 10:00am Sit & Stretch 10:30am Coffee & Conversation 11:30am Lunch Out - Bad Daddy's 2:30pm Bead Works 3:30pm Game Time 6:00pm Action Movie Night 6:30pm Kings in the Corner</p>	14	<p>10:00am Bible Study with Russell 11:00am Coffee & Conversation 11:30am Word Search 2:30pm Bingo 3:30pm Game Time 3:45pm Circle of Friends 6:00pm Evening Movie 6:30pm Poker Game Night</p>	15
<p>10:00am Non-Denominational Service 11:00am Coffee & Conversation 11:30am Solve the Puzzle 2:00pm Circle of Friends 2:00pm Left, Right & Center Game 2:30pm Movie & Popcorn 3:30pm Game Time 6:00pm Evening Movie</p>	16	<p>10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am St. Patrick's Day Trivia 1:30pm Hand & Foot Game 2:00pm Shamrock Shakes 3:30pm Rummikub 4:00pm Sing Along with Friends 6:00pm Classic Movie Night</p> <p style="text-align: center;">St. Patrick's Day</p>	17	<p>10:00am Sit & Stretch 10:30am Coffee & Conversation 11:00am Motivation with CenterWell 1:00pm Needlework Club 1:00pm Mahjong 2:00pm Happy Hour 3:00pm Chair Massage with Lori 3:00pm Creative Crafting 3:00pm St. Therese Church 6:00pm Comedy Movie Night</p>	18	<p>10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Test Your Knowledge 1:30pm Prayer Time with June 2:00pm Chef Demo 2:30pm Dining Council Meeting 3:30pm Stroke of Color 3:30pm Kings in the Corner 4:00pm Sing Along with Friends 6:00pm Romance Movie Night 6:15pm Prayer with Deacon Paul Miller</p>	19	<p>10:00am Sit & Stretch 10:00am Shuttle to Food Lion 10:30am Coffee & Conversation 11:00am Blank Slate Game 2:00pm Shuttle to TJ Max 2:00pm Bingo 6:00pm Mystery Movie Night 6:30pm Hand & Foot Game Night</p> <p style="text-align: center;">Spring Begins</p>	20	<p>9:30am Baking Club 10:00am Workout with Julie 10:30am Coffee & Conversation 11:30am Lunch Out - Famous Toastery 2:30pm Bead Works 3:30pm Game Time 6:00pm Action Movie Night 6:30pm Kings in the Corner</p>	21	<p>10:00am Bible Study with Russell 11:00am Coffee & Conversation 11:30am Word Search 2:30pm Bingo 3:30pm Game Time 3:45pm Circle of Friends 6:00pm Evening Movie 6:30pm Poker Game Night</p>	22
<p>10:00am Non-Denominational Service 11:00am Coffee & Conversation 11:30am Solve the Puzzle 2:00pm Circle of Friends 2:00pm Left, Right & Center Game 2:30pm Movie & Popcorn 3:30pm Game Time 6:00pm Evening Movie</p>	23	<p>10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Family Feud Game 1:30pm Hand & Foot Game 2:00pm Corn Hole 3:30pm Rummikub 4:00pm Sing Along with Friends 6:00pm Classic Movie Night</p>	24	<p>9-11:00am Tech Tuesday with Jeff 10:00am Sit & Stretch 10:30am Coffee & Conversation 11:00am Jeopardy Game 1:00pm Needlework Club 1:00pm Mahjong 2:00pm Happy Hour 3:00pm Creative Crafting 3:00pm St. Therese Church 6:00pm Performance by Patrick Hudson</p>	25	<p>10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Test Your Knowledge 1:30pm Prayer Time with June 1:30pm Ice Cream Social 2:00pm Corn Hole with Friends 3:00pm Stroke of Color 3:30pm Kings in the Corner 4:00pm Sing Along with Friends 6:00pm Romance Move Night 6:15pm Prayer with Deacon Paul Miller</p>	26	<p>10:00am Sit & Stretch 10:00am Shuttle to Lowes Foods 10:30am Coffee & Conversation 11:00am Blank Slate Game 2:00pm Shuttle to Belk 2:00pm Bingo 4:00pm Resident Council Meeting 6:00pm Mystery Movie Night 6:30pm Hand & Foot Game Night</p>	27	<p>10:00am Workout with Julie 10:30am Coffee & Conversation 11:30am Lunch Out - Barcelona 2:30pm Bead Works 3:30pm Game Time 6:00pm Action Movie Night 6:30pm Kings in the Corner</p>	28	<p>10:00am Bible Study with Russell 11:00am Coffee & Conversation 11:30am Word Search 2:30pm Bingo 3:30pm Game Time 3:45pm Circle of Friends 6:00pm Evening Movie 6:30pm Poker Game Night</p>	29
<p>10:00am Non-Denominational Service 11:00am Coffee & Conversation 11:30am Solve the Puzzle 2:00pm Circle of Friends 2:00pm Left, Right & Center Game 2:30pm Movie & Popcorn 3:30pm Game Time 6:00pm Evening Movie</p>	30	<p>10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Family Feud Game 1:30pm Hand & Foot Game 2:00pm Corn Hole 3:30pm Rummikub 4:00pm Sing Along with Friends 6:00pm Classic Movie Night</p>	31										

Activities are subject to change. Please refer to the daily sheet for updates.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



							Snack & A Movie "Hello Dolly" Cornhole Missing Hem Secret Garden Circle of Friends	1					
Bean Bag Game Church Service with Deacon Paul Miller Secret Garden Circle of Friends	2	Morning Inspirations Exercise-Yoga Drama Club Sing Along with Friends Bowling Trivia Memory Game	3	Morning Inspirations Exercise- Kickboxing Bean Bag Game 2:00pm- Fine Art with Amy Mardi Gras Sip & Social Missing Item Game Word Within a Word	4	Devotion with June Exercise- Morning Stretch 2:00pm- Good Time Band Blank Slate Charades	5	Morning Inspirations Exercise- Breathe and Balance Mad Libs 2pm- Performance by David Domingo Hints From History	6	Morning Inspirations Exercise- Shake it up Paper Plate Music Bingo Balloon Volleyball Poetry Corner	7	Snack & A Movie: The Wizard of OZ Pet Therapy with Abby & Michelle Bowling Secret Garden Bingo Circle of Friends	8
			Mardi Gras										
Church Service with Deacon Paul Miller Secret Garden Charades Joggin Your Noggin Circle of Friends	9	Morning Inspirations Exercise- Cardio Dance Old Wives Tales Sing Along with Friends Walk'N'Roll Target Ball	10	Morning Inspirations Exercise- Tai Chi 11:15am Pet Therapy with Janice & Maverick Bowling Tactile Art Activity Stations Word Within a Word	11	Devotions with June Exercise- Morning Stretch List Making 2:00pm- Cornhole with friends Sing Along Memory Game	12	Morning Inspirations Exercise- Chair Dance Sensory Connection 2:00pm- Pet Therapy with Ziggy Balloon Ball Favorite Hymns	13	Morning Inspiration Exercise- Pilates Flow Old Wives Tales 2:00pm- Rejoice Music Therapy Blank Slate Charades	14	Snack & A Movie: Marry Poppins Nail Spa Cornhole Secret Garden Bean Bag Games Circle of Friends	15
	Daylight Saving Time Begins						Purim Begins						
Church Service with Deacon Paul Miller Secret Garden Trivia Poetry Circle of Friends	16	Morning Inspirations Exercise- Scarf Dancing Finish lines Sing Along with Friends 2:00pm Shamrock Shakes Walk'N'Roll	17	Morning Inspirations Exercise- Scarf Dancing Finish Lines 2:00pm Performance by David Domingo Balloon Ball List Making	18	Devotions with June Exercise- Morning Stretch Old Wives Tales 2:00pm- Cornhole with friends Penny Twisters Mad Libs	19	Morning Inspirations Exercise- Resistance Bands Finish the Lyrics Kitchen Demo Memory Game Name 5	20	Morning Inspirations Exercise- Interval Training Word With A Word Bingo Volleyball Walk About Sing Along	21	Snack & A Movie: Irish Eyes Are Smiling Pet Therapy with Abby Bowling Secret Garden Poetry Corner Circle of Friends	22
		St. Patrick's Day					Spring Begins						
Church Service with Deacon Paul Miller Secret Garden Charades Joggin Your Noggin Circle of Friends	23	Morning Inspirations Exercise- Shake It Up Sing Along with Friends Walk-N-Roll Wipe Off Wenders Tongue Twisters	24	Morning Inspirations Exercise- Yoga Hangman 2:00pm- Rejoice Music Therapy Bowling	25	Devotions with June Morning Stretch Would You Rather 2:00pm- Cornhole with Friends I Spy Favorite Hymns	26	Morning Inspirations Exercise- Endurance Training Hints from History 2:00pm Billiards Bean Bag Game	27	Morning Inspiration Exercise- Weight Up Have You Ever Alphabet Game Secret Garden Balloon Volleyball Book Club	28	Puzzle Times Snack & A Movie: South Pacific Cornhole Secret Garden Mad Libs Circle of Friends	29
Church Service with Deacon Paul Miller Secret Garden Trivia Poetry Circle of Friends	30	Morning Inspirations Exercise: Cardio Kick Sing Along with Friends Hangman Trivia Walk About	31										

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