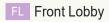
TerraBella ASHEBORO

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All Events Are Subject to Change		MARCH W MADNESS		Francy Spring!	1 10:30 FT Brain Games 4:00 FT Fun Facts Saturday 6:00 FT Table Games and Puzzle in Country Kitchen 6:30 FT Evening Stroll
2 10:00 TR Church service (Spiritual Eldercare) 2:00 FT Walking Club 3:00 FT Relax with Reading 6:00 CK Table Games 6:30 FT Evening Stroll	3 9:00 FT Walking Club (Resident Led/ Count Your Steps) 10:00 TR Dice Exercises 10:30 CK Mr Wizard Day 2:30 TR Table Tennis (World Tennis Day) 3:00 TR Music Monday 6:30 FT Evening Stroll	Mardi Gras 4 9:00 FT Walking Club (Resident Led/ Count Your Steps) 11:00 TR Exercises with Annabelle 2:00 DH Pancake Social 2:30 DH Steal My Beads 6:30 FT Evening Stroll	Ash Wednesday 5 9:00 FT Walking Club (Resident Led/ Count Your Steps) 10:00 TR Exercise Time! 10:30 CK Hit The Target Day! 11:00 DH Cheese Doodle Social 2:30 DH BINGO 6:30 FT Evening Stroll	6 9:00 FT Walking Club (Resident Led/ Count Your Steps) 11:00 TR Exercise Time! 2:00 TR Afternoon at the Movies: Resident Choice 6:30 FT Evening Stroll	7 9:00 FT Walking Club (Resident Led/ Count Your Steps) 10:00 K National Cereal Day Games 2:00 TK Early Bird March Madness with Bayada: Get your Teams Ready! 3:30 CK Craft Corner 6:30 FT Evening Stroll	8 10:00 DH Church Service 10:30 FT Brain Games 4:00 FT Fun Facts Saturday 6:00 FT Table Games and Puzzle in Country Kitchen 6:30 FT Evening Stroll
Daylight Savings Time910:00 TRChurch service (Spiritual Eldercare)2:00 FTWalking Club3:00 FTRelax with Reading6:00 CKTable Games6:30 FTEvening Stroll	10 9:00 FT Walking Club (Resident Led/ Count Your Steps) 10:00 TR Dice Exercises 10:30 TR Ford Mustang Day Activities 12:00 FL Bingo and Lunch at the Sr Center 3:00 TR Music Monday 6:30 FT Evening Stroll	11 9:00 FT Walking Club (Resident Led/ Count Your Steps) 11:00 TR Exercises with Annabelle 2:30 CK Table Games 6:30 FT Evening Stroll	12 9:00 Ft Walking Club (Resident Led/ Count Your Steps) 10:00 FL BINGO at The Mall 2:30 DH BINGO 3:30 DH Girl Scout Day with Cookie Taste testing 6:30 FT Evening Stroll	Happy Birthday George and13Judy!!9:00 FT Walking Club (Resident Led/ Count Your Steps)10:00 CK Birthday Baking and Games11:00 TR Exercise Time!2:00 DH Music with Carol3:00 DH Birthday Social6:30 FT Evening Stroll	 14 9:00 FT Walking Club (Resident Led/ Count Your Steps) 10:00 CK March Madness (Brackets) 11:00 CK Ask A Question Day Games 2:00 TR Drumming Exercises 2:30 CK Craft Corner 6:30 FT Evening Stroll 	15 10:30 FT Brain Games 4:00 FT Fun Facts Saturday 6:00 FT Table Games and Puzzle in Country Kitchen 6:30 FT Evening Stroll
Wear ANY Color but Green Save 16 Green for Tomorrow! 10:00 TR Church service (Spiritual Eldercare) 2:00 FT Walking Club 3:00 FT Relax with Reading 6:00 CK Table Games 6:30 FT Evening Stroll	Green!! 9:00 FT Walking Club (Resident Led/ Count Your Steps) 10:00 TR Dice Exercises 10:30 TR Shamrock HUNT! 2:30 DN /ce Cream Social with Medi Hospice 6:30 FT Evening Stroll	9:00 FT Walking Club (Resident Led/ Count Your Steps) 11:00 TR Exercises with Annabelle 2:30 DH Dining Meeting with Tina/Taste Testing 6:30 FT Evening Stroll	19 9:00 FI Walking Club (Resident Led/ Count Your Steps) 10:00 FL Trip to Walmart 2:30 DH BINGO 3:30 TR Butterfly in The Sky fun facts 6:30 FT Evening Stroll	20 9:00 FT Walking Club (Resident Led/ Count Your Steps) 11:00 TR Exercise Time! 2:00 TR March Madness 3:00 GR Nails 6:30 FT Evening Stroll	21 9:00 FT Walking Club (Resident Led/ Count Your Steps) 10:00 TR Let's Play BASKETBALL (No Dunking Allowed) 2:00 TR Drumming Exercises 2:30 CK Craft Corner 6:30 FT Evening Stroll	22 10:30 FT Brain Games 4:00 FT Fun Facts Saturday 6:00 FT Table Games and Puzzle in Country Kitchen 6:30 FT Evening Stroll
23 10:00 TR Church service (Spiritual Eldercare) 2:00 FT Walking Club 3:00 FT Relax with Reading 6:00 CK Table Games 6:30 FT Evening Stroll 3:00 FT Church service (Spiritual Eldercare) 2:00 FT Walking Club 3:00 FT Relax with Reading 6:00 CK Table Games 6:30 FT Evening Stroll	9:00 Tell Walking Club (Resident Led/ Count Your Steps) 10:00 Tell Dice Exercises 10:30 Tell Music Monday 6:30 Tell Evening Stroll	25 9:00 FT Walking Club (Resident Led/ Count Your Steps) 11:00 TR Exercises with Annabelle 2:00 DH Music with the Joyful Singers 6:30 FT Evening Stroll	26 9:00 FT Walking Club (Resident Led/ Count Your Steps) 10:00 TR Exercise Time! 10:30 TR Men's Social 2:00 CK Card Club with Annabelle Group #1 3:00 CK Card Club with Annabelle Group #2 6:30 FT Evening Stroll	27 9:00 FT Walking Club (Resident Led/ Count Your Steps) 10:00 DH Chalk Talk 11:00 TR Exercise Time! 3:00 GR Nails 6:30 FT Evening Stroll	28 9:00 FT Walking Club (Resident Led/ Count Your Steps) 11:00 TR Resident Council Meeting 2:00 TR Drumming Exercises 2:30 CK Craft Corner 6:30 FT Evening Stroll	29 10:30 FT Brain Games 4:00 FT Fun Facts Saturday 6:00 FT Table Games and Puzzle in Country Kitchen 6:30 FT Evening Stroll





TerraBella A S H E B O R O

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KARDA KARDA KARDA KARDA	DAYLIGHT SAVING TIME BEGINS	HAPPY St.PATRICK'S DAY	All Events Are Subject to Change		MARCH W MADNESS	1 9:30 Devotions 10:00 Puzzles 2:00 Table Games 3:30 Saturday Sillies: Americas Funniest Home Video 6:00 Reminiscing
2 9:00 Chit Chat and Coffee 10:00 Church Service (Spiritual Eldercare) 2:00 Relax and Reading 3:30 Afternoon Movie 6:00 Gospel Hymns	3 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercises 2:00 Write a Story 2:30 Music Monday 6:00 Walk and Talk	4 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercise (Drums) 11:00 Table Time Tuesdays (Table Games) 2:00 Comedy Hour 4:00 Remember the Time? 6:00 Wind Down With a Walk	5 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercises 11:00 Word Wise Wednesday 1:00 Nail Care 3:00 Name That Picture (Magazine scavenger hunt) 6:00 Wind Down with a Walk	6 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercises 11:00 Tasty Thursdays (Baking) 1:00 Fold and Sort 3:00 BINGO 6:00 Walk and Talk	7 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercises 1:00 Craft Corner 3:00 Fun Friday (Trivia, Name that tune, etc.) 6:00 Walk and Talk	8 9:30 Devotions 10:00 Puzzles 1:00 Balloon Ball 2:00 Table Games 3:30 Saturday Sillies: Americas Funniest Home Video 6:00 Reminiscing
9 9:00 Chit Chat and Coffee 10:00 Church Service (Spiritual Eldercare) 2:00 Relax and Reading 3:30 Afternoon Movie 6:00 Gospel Hymns	10 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercises 2:00 Write a Story 2:30 Music Monday 6:00 Walk and Talk	11 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercise (Drums) 11:00 Table Time Tuesdays (Table Games) 2:00 Comedy Hour 4:00 Remember the Time? 6:00 Wind Down With a Walk	12 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercises 11:00 Word Wise Wednesday 1:00 Nail Care 3:00 Name That Picture (Magazine scavenger hunt) 6:00 Wind Down with a Walk	Happy Birthday Bonnie!139:00 Chronicles10:00 Daily Start10:30 Morning Exercises11:00 Tasty Thursdays (Baking)1:00 Fold and Sort2:00 Music with Carol3:00 BINGO6:00 Walk and Talk	14 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercises 1:00 Craft Corner 3:00 Fun Friday (Trivia, Name that tune, etc.) 6:00 Walk and Talk	15 9:30 Devotions 10:00 Puzzles 2:00 Table Games 3:30 Saturday Sillies: Americas Funniest Home Video 6:00 Reminiscing
16 9:00 Chit Chat and Coffee 10:00 Church Service (Spiritual Eldercare) 2:00 Relax and Reading 3:30 Afternoon Movie 6:00 Gospel Hymns	St. Patrick's Day179:00 Chronicles10:00 Daily Start10:30 Morning Exercises2:00 Write a Story2:30 Music Monday6:00 Walk and Talk	18 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercise (Drums) 11:00 Table Time Tuesdays (Table Games) 2:00 Comedy Hour 4:00 Remember the Time? 6:00 Wind Down With a Walk	19 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercises 11:00 Word Wise Wednesday 1:00 Nail Care 3:00 Name That Picture (Magazine scavenger hunt) 6:00 Wind Down with a Walk	20 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercises 11:00 Tasty Thursdays (Baking) 1:00 Fold and Sort 3:00 BINGO 6:00 Walk and Talk	21 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercises 1:00 Craft Corner 3:00 Fun Friday (Trivia, Name that tune, etc.) 6:00 Walk and Talk	22 9:30 Devotions 10:00 Puzzles 1:00 Balloon Ball 2:00 Table Games 3:30 Saturday Sillies: Americas Funniest Home Video 6:00 Reminiscing
23 9:00 Chit Chat and Coffee 10:00 Church Service (Spiritual Eldercare) 2:00 Relax and Reading 3:30 Afternoon Movie 6:00 Gospel Hymns 30 9:00 Chit Chat and Coffee 10:00 Church Service (Spiritual Eldercare) 2:00 Relax and Reading 3:30 Afternoon Movie 6:00 Gospel Hymns	9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercises 2:30 Music Monday 6:00 Walk and Talk	25 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercise (Drums) 11:00 Table Time Tuesdays (Table Games) 2:00 Joyful Singers 4:00 Remember the Time? 6:00 Wind Down With a Walk	26 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercises 11:00 Word Wise Wednesday 1:00 Nail Care 3:00 Name That Picture (Magazine scavenger hunt) 6:00 Wind Down with a Walk	27 9:00 Chronicles 10:00 Chalk Talk 10:30 Morning Exercises 11:00 Tasty Thursdays (Baking) 1:00 Fold and Sort 3:00 BINGO 6:00 Walk and Talk	28 9:00 Chronicles 10:00 Daily Start 10:30 Morning Exercises 1:00 Craft Corner 3:00 Fun Friday (Trivia, Name that tune, etc.) 6:00 Walk and Talk	29 9:30 Devotions 10:00 Puzzles 2:00 Table Games 3:30 Saturday Sillies: Americas Funniest Home Video 6:00 Reminiscing

Memory Care