## April 2024

## **Seaton Springwood Personal Care Activities Calendar**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Resident Birthdays
	<ul> <li>Happy Birthday Nick V.! 1</li> <li>April Fool's Day</li> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 April Fool's Bingo! (AR)</li> <li>1:15 Theater Movie: Ferris Bueller's Day Off (T/35)</li> <li>1:30 Trip To Dollar Tree</li> <li>3:30 Open Gym (FR)</li> <li>3:30 Talk &amp; Tell</li> <li>6:30 Veterans &amp; First Responders Spiritual Support Group (B)</li> </ul>	<ul> <li>Happy Birthday Paul W.! 2</li> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:30 Fox Fitness Fun With Exercise Physiologist Lisa! (FR)</li> <li>1:15 Theater Movie: Please Don't Eat The Daisies (T/35)</li> <li>2:00 Happy Hour! (B)</li> <li>3:30 Strength Training Tuesday (FR)</li> <li>3:30 Talk &amp; Tell</li> <li>6:30 York College Class Visit (AR)</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Bunco Dice Game (AR)</li> <li>2:00 Guitar Music With Joe Crispell! (B)</li> <li>3:30 Mail Delivery</li> <li>3:30 Weights On Wednesday (FR)</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Flower Stamping &amp; April Tree Decorating (AR)</li> <li>1:15 Theater Movie: Father Goose (T/35)</li> <li>2:00 Jackpot Bingo! (AR)</li> <li>3:30 Sit &amp; Stretch (FR)</li> <li>3:30 Talk &amp; Tell</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Universal Yums: Try Popular Snacks From The Ukraine! (AR)</li> <li>1:15 Netflix Movie: The Flintstones (T/35)</li> <li>1:30 Ice Cream Trip To Ripleigh's Creamery</li> <li>3:30 Boredom Busters Drop Off</li> <li>3:30 Open Gym (FR)</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Ticket Bingo (AR)</li> <li>1:15 Theater Movie: Walk The Line (T/35)</li> <li>1:30 Nail Salon (B)</li> <li>3:30 Open Gym (FR)</li> <li>3:30 Talk &amp; Tell</li> </ul>	Paul W 2nd Dave M 10th Lucille B 24th Delores P 28th Ruth L 30th  Activity Locations  Activity Room = AR Theater = T Bistro = B Dining Room = DR
<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Resident's Choice (AR)</li> <li>1:15 Catholic Mass on Ch 35 (T/35)</li> <li>1:30 Talk &amp; Tell</li> <li>3:00 Church Service (T)</li> <li>3:30 Open Gym (FR)</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 All About Dogs Jingo (AR)</li> <li>1:30 Popcorn &amp; A Movie: Elvis (T/35)</li> <li>3:30 Open Gym (FR)</li> <li>3:30 Talk &amp; Tell</li> <li>6:30 Veterans &amp; First Responders Spiritual Support Group (B)</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Seaton Store (B)</li> <li>1:00 Seaton Sing A Long! (T)</li> <li>2:00 Happy Hour! (B)</li> <li>3:30 Strength Training Tuesday (FR)</li> <li>3:30 Talk &amp; Tell</li> <li>6:30 York College Class Visit (AR)</li> </ul>	<ul> <li>Happy Birthday Dave 10 M.!</li> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 April Jeopardy Challenge (AR)</li> <li>1:15 Netflix Movie: Yesterday (T/35)</li> <li>2:00 Resident Council Meeting (AR)</li> <li>3:30 Mail Delivery</li> <li>3:30 Weights On Wednesday (FR)</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Bread Of The Month Club (AR)</li> <li>1:15 Netflix Movie: Legal Eagles (T/35)</li> <li>2:00 Jackpot Bingo! (AR)</li> <li>3:30 Sit &amp; Stretch (FR)</li> <li>3:30 Talk &amp; Tell</li> </ul>	(AR) 9:45 The Daily Chronicle & Devotion (AR)	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Ticket Bingo (AR)</li> <li>1:15 Netflix Movie: Mamma Mia! (T/35)</li> <li>1:30 Nail Salon (B)</li> <li>3:30 Open Gym (FR)</li> <li>3:30 Talk &amp; Tell</li> </ul>	
<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Resident's Choice (AR)</li> <li>1:15 Catholic Mass on Ch 35 (T/35)</li> <li>1:30 Talk &amp; Tell</li> <li>3:00 Church Service (T)</li> <li>3:30 Open Gym (FR)</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Ice Cream Jingo (AR)</li> <li>1:15 Theater Movie: City Slickers (T/35)</li> <li>1:30 Ice Cream Trip To Perrydell</li> <li>3:30 Open Gym (FR)</li> <li>3:30 Talk &amp; Tell</li> <li>6:30 Veterans &amp; First Responders Spiritual Support Group (B)</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:30 Fox Fitness Fun With Exercise Physiologist Lisa! (FR)</li> <li>2:00 Catholic Mass With Father John (T)</li> <li>2:15 Happy Hour! (B)</li> <li>3:30 Strength Training Tuesday (FR)</li> <li>3:30 Talk &amp; Tell</li> <li>6:30 York College Class Visit (AR)</li> </ul>	<ul> <li>(AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Family Style Meal Prep (AR)</li> <li>3:30 Mail Delivery</li> <li>3:30 Weights On Wednesday (FR)</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Plant A Flower (AR)</li> <li>1:15 Netflix Movie: My All American (T/35)</li> <li>2:00 Jackpot Bingo! (AR)</li> <li>3:30 Sit &amp; Stretch (FR)</li> <li>3:30 Talk &amp; Tell</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Wacky Choices Game! (AR)</li> <li>2:00 Guy's Club! (AR)</li> <li>3:30 Boredom Busters Drop Off</li> <li>3:30 Open Gym (FR)</li> </ul>	<ul> <li>9:30 Morning Stretch 20 (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Ticket Bingo (AR)</li> <li>1:15 Theater Movie:     Under The Tuscan Sun (T/35)</li> <li>1:30 Nail Salon (B)</li> <li>3:30 Open Gym (FR)</li> <li>3:30 Talk &amp; Tell</li> </ul>	

## April 2024

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	OF KINO WOOD						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Resident Birthdays
<ul> <li>9:30 Morning Stretch 21 (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Resident's Choice (AR)</li> <li>1:15 Catholic Mass on Ch 35 (T/35)</li> <li>1:30 Talk &amp; Tell</li> <li>3:00 Church Service (T)</li> <li>3:30 Open Gym (FR)</li> </ul>	<ul> <li>Passover Begins</li> <li>Earth Day</li> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Springtime Jingo (AR)</li> <li>1:15 Netflix Movie: Our Living World (T/35)</li> <li>2:00 All About Earth Day (B)</li> <li>3:30 Open Gym (FR)</li> <li>3:30 Talk &amp; Tell</li> <li>6:30 Veterans &amp; First Responders Spiritual Support Group (B)</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Seaton Store (B)</li> <li>12:30 Trip To The Polls</li> <li>1:15 Theater Movie: Mary Poppins (T/35)</li> <li>2:00 Happy Hour! (B)</li> <li>3:30 Strength Training Tuesday (FR)</li> <li>3:30 Talk &amp; Tell</li> </ul>	<ul> <li>Happy Birthday     Lucille B!</li> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle     &amp; Devotion (AR)</li> <li>10:15 Make The Birthday     Cupcakes (AR)</li> <li>1:15 Theater Movie: Mary     Poppins Returns (T/35)</li> <li>2:00 April Birthday     Celebration (B)</li> <li>3:30 Mail Delivery</li> <li>3:30 Weights On     Wednesday (FR)</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 May Door Hanger Craft (AR)</li> <li>1:15 Theater Movie: Jailhouse Rock (T/35)</li> <li>2:00 Jackpot Bingo! (AR)</li> <li>3:30 Sit &amp; Stretch (FR)</li> <li>3:30 Talk &amp; Tell</li> </ul>	<ul> <li>Arbor Day</li> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Arbor Day Memory Match (AR)</li> <li>1:15 Theater Movie: A Tree Grows In Brooklyn (T/35)</li> <li>1:30 Country Ride Trip</li> <li>3:30 Boredom Busters Drop Off</li> <li>3:30 Open Gym (FR)</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Ticket Bingo (AR)</li> <li>1:15 Netflix Movie: Beethoven (T/35)</li> <li>2:00 Young At Heart! (AR)</li> <li>3:30 Open Gym (FR)</li> <li>3:30 Talk &amp; Tell</li> </ul>	Nick V 1st Paul W 2nd Dave M 10th Lucille B 24th Delores P 28th Ruth L 30th
<ul> <li>9:30 Morning Stretch 28 (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Resident's Choice (AR)</li> <li>1:15 Catholic Mass on Ch 35 (T/35)</li> <li>1:30 Nail Salon (B)</li> <li>1:30 Talk &amp; Tell</li> </ul>	<ul> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Familiar Pairs Jingo (AR)</li> <li>1:15 Theater Movie: Bye Bye Birdie (T/35)</li> <li>2:00 April Trivia &amp; Treats! (B)</li> <li>3:30 Open Gym (FR)</li> </ul>	<ul> <li>Happy Birthday Ruth 10 L.!</li> <li>9:30 Morning Stretch (AR)</li> <li>9:45 The Daily Chronicle &amp; Devotion (AR)</li> <li>10:15 Left Right Center Dice Game (AR)</li> <li>1:00 Seaton Hymn Sing! (T)</li> <li>2:00 Happy Hour! (B)</li> <li>3:30 Strength Training Tuesday (FR)</li> </ul>					Activity Locations
<ul><li>3:00 Church Service (T)</li><li>3:30 Open Gym (FR)</li></ul>	<ul> <li>3:30 Talk &amp; Tell</li> <li>6:30 Veterans &amp; First         Responders Spiritual         Support Group (B)</li> </ul>	<ul><li>3:30 Talk &amp; Tell</li><li>6:30 York College Class Visit (AR)</li></ul>					Activity Room = AR Theater = T Bistro = B Dining Room = DR Fitness Room = FR
							Creative Emotional Environmental Intellectual Occupational Physical Social Spiritual All activities subject to change