

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9 AM-Manicures 1 10 AM-Cardio Drumming 1 PM-Trip to Canada!  2 PM-UNO 3:30PM-Mass w/ H.G.A. <small>Canada Day</small>	9 AM-Yoga Class2 10 AM-Trivia 1 PM-Tri-Bonds 2 PM-Bingo 3 PM-Bocce Ball	9 AM-Chair Zumba 3 10 AM-Red, Wreath & Blue  1 PM-Hang Man 2 PM-Thirsty Thursday	9 AM-Fitness Class 4 10 AM-Jeopardy 12:30 PM- Sponge Fireworks  2 PM-Bingo & Patriotic treats <small>Independence Day (US)</small>	Self-Guided Day! 5 <u>Options</u> Adult Coloring Board Games Card Games
Happy Birthday 6 Nancy Oulds! Self-Guided Day! <u>Options</u> Adult Coloring Board Games Card Games	9 AM-Flow With Flexibility 7 10 AM-Chocolate Cake Pops!  1 PM-Chain Reaction 2 PM-Bingo	9 AM-Manicures 8 10 AM-Bocce Ball 1 PM-Color me happy 2 PM- Church w/ Pastor Steve 3 PM-Trivia	9 AM-Yoga Class9 10 AM-Cornhole 1 PM-Oldies Karaoke 2 PM-Bingo 3 PM-America Says	Happy Birthday 10 Pat Hume! 9 AM-Chair Zumba 10 AM-Match Game 1 PM-Fairgrounds Market Trip 2 PM-Thirsty Thursday	9 AM-Fitness Class 11 10 AM-Resident Council 1 PM-Tri-Bond's 2 PM-Bingo 3 PM-UNO	Self-Guided Day! 12 <u>Options</u> Adult Coloring Board Games Card Games
Happy Birthday 13 Joyce Fraze & Joan Myers! Self-Guided Day! <u>Options</u> Adult Coloring Board Games	9 AM-Cardio Drumming 14 10 AM-What's in a word 1 PM-Bocce Ball 2 PM-Bingo 3 PM-Charades	9 AM-Manicures 15 10 AM- Cardio Drumming 1 PM-Urban Myth 2 PM-Sweet Ride ice cream truck 	9 AM-Morning Exercise 16 10 AM-Plum Creek Trip 1 PM-Card's 2 PM-Bingo 3 PM-Dine In	9 AM-Fitness and Fashion 17 10 AM- Work out w/ Rehab1! 2 PM-Birthday Celebration w/ Maria Damore!	9 AM-Morning exercise 18 10 AM-Trivia 1 PM-UNO 2 PM-Bingo 3 PM-Fresh air & Lemonade	Self-Guided Day! 19 <u>Options</u> Adult Coloring Board Games Card Games
Happy Birthday 20 Joyce Beckett! Self-Guided Day! <u>Options</u> Adult Coloring Board Games Card Games	9 AM- Morning Stretch 21 10 AM-Cornhole 1 PM-Hang Man 2 PM-Bingo 3 PM-Name That Tune!	Happy Birthday 22 Mark Nice! 9 AM-Manicures 10 AM-Bocce Ball 1 PM-Cardio Drumming 2 PM-Church w/ Pastor Steve	9 AM-Fitness Class 23 10 AM-I should've know that 1 PM-Karaoke 2 PM-Bingo 3 PM-Dine Out	9 AM- Shibashi meditation 24 10 AM-Bocce Ball 1 PM- Rock Painting 2 PM-Thirsty Thursday	9 AM-Yoga Class 25 10 AM-Urban Myth 1 PM- Scattergories 2 PM-Bingo 3 PM-Cornhole	Self-Guided Day! 26 <u>Options</u> Adult Coloring Board Games Card Games
Happy Birthday 27 Liz Herman! Self-Guided Day! <u>Options</u> Adult Coloring Board Games Card Games	Happy Birthday 28 Joe Ravert! 9 AM-Yoga Class 10 AM-Cake Bake! 1 PM-Chain Reaction 2 PM-Bingo 3 PM-Cornhole	9 AM-Manicures 29 10 AM-Bocce Ball 1 PM-Fruit Salsa!  3 PM-Walmart Trip	9 AM-Morning Stretch 30 10 AM-America says 1 PM-Paint & Sip 2 PM-Movie and Popcorn	Happy Birthday 31 Joan High! 9 AM-Fitness Class 10 AM-Trivia 1 PM- Redners Trip 2 PM-Cards 3 PM-Adult Coloring		