

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2024

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|--|--|---|---|--|---|--|
| | | | <p>Lee County Library 1</p> <p>9:30 Midweek Meditations (AR) 10:00 Sit Fit & Morning Walk (AR) 10:30 Coffee Cake & Conversation w/Lee County Library (AR) 1:00 Rummikub! (AR) 1:30 Holy Rosary (LB) 3:00 NICKEL BINGO! (AR)</p> | <p>Derby Hats 2</p> <p>9:30 Catholic Mass w/ Fr. Simon (LB) 9:30 Garden Gurus (V) 10:00 Health & Stamina Fitness (AR) 11:00 Resident Council Meeting (AR) 1:00 Make a Derby Hat (AR) 1:30 Guys Cornhole Challenge! (V) 3:00 Happy Hour w/Jennifer Gilmore! (DR)</p> | <p>Horse Racing Day 3</p> <p>9:30 Morning Meditation (LB) 10:00 Fit Friday w/Discovery at Home (AR) 10:30 Publix Shopping (ML) 11:00 Table Games Run by Residents (AR) 1:00 Nickel Poker (AR) 1:30 Church Service w/Rev. Caldwell (LB) 3:00 Cypress Point Derby Racing (AR) 7:00 Game Show Get Together (3rd fl)</p> | <p>Derby Day 4</p> <p>10:00 Sit Fit Moves to Music! (AR) 10:30 Salad Saturday - Michigan Cherry Salad (AR) 11:00 Groovy 60's Cereal Trivia & Funny Fabled Headlines (AR) 1:00 Anagrams with MJ! (AR) 1:30 Play Backgammon (AR) 3:00 POKENO! (AR) <i>'Celebrating Derby 150' Post Time 6:57p Festivities Begin at 6:00p on NBC</i></p> |
| <p>Cinco de Mayo 5</p> <p>9:00 Riverside Church (LB) 10:00 Sit Fit on your own (AR) 10:30 Catholic Mass on TV (LB) 11:00- 1:00 Cinco de Mayo Lunch (DR) 1:00 Cornhole Practice (V) 2:00 BINGO! (AR) 3:00 Movie Matinee (LB)</p> | <p>Senior Serenaders 6</p> <p>9:30 Morning Meditations (AR) 10:00 Monday Morning Moves w/ Discovery at Home (AR) 10:30 Lunch Out to Parrot Key Grill (ML) 11:00 Wii Bowling & Table Games Run by Residents (AR) 2:00 Sing Along to Songs You Know with Senior Serenaders (DR) 3:00 BINGO! (AR)</p> | <p>Road Trip 7</p> <p>9:30 Strength & Flexibility & Morning Walk (AR) 10:00 Mid Week Worship w/Pastor Bruce(DR) 11:00 Mexican Train Dominoes (AR) 11:00 Gulf Coast Humane Society Visits from our Furry Friends! 1:30 America's Great Road Trips: From Arizona to Alaska (AR) 3:00 POKENO! (AR)</p> | <p>Wildflowers 8</p> <p>9:30 Midweek Meditations (AR) 10:00 Sit Fit & Morning Walk (AR) 11:00 Watercolor Wildflowers (AR) 1:30 Milkweed for Monarchs Planning a Monarch Way Station (V) 1:30 Holy Rosary (LB) 3:00 NICKEL BINGO! (AR) 3:30 Caiya the Therapy Dog Visits</p> | <p>Blowing Bubbles 9</p> <p>9:30 Garden Gurus (V) 10:00 Health & Stamina Fitness (AR) 11:00 Drink Some Bubbly, Paint Some Bubbles (AR) 1:00 Rummikub (AR) 1:30 Guys Cornhole Challenge! (V) 3:00 Happy Hour w/Cherie & Neil! (DR)</p> | <p>Most Beautiful Cities 10</p> <p>9:30 Morning Meditation (LB) 10:00 Fit Friday w/Discovery at Home (AR) 10:30 Lunch Out to Famer's Market Restaurant (ML) 11:00 Wii Bowling & Table Games (AR) 1:30 Church Service w/Rev. Caldwell (LB) 1:30 Video Visit - 30 Most Beautiful Cities in the World (AR) 3:00 Nickel Poker! (AR)</p> | <p>Here's to Mom 11</p> <p>10:00 Sit Fit Moves to Music! (AR) 10:30 Famous Mother's Trivia & Mother of All Humor (AR) 11:00 Morning Walk (ML) 1:00 Anagrams with MJ! (AR) 1:30 Play Backgammon (AR) 3:00 POKENO! (AR)</p> |
| <p>Happy Mother's Day 12</p> <p>9:00 First Assembly Church (LB) 10:00 Sit Fit on your own (AR) 10:30 Catholic Mass on TV (LB) 11:00- 1:00 Mother's Day Lunch (DR) 1:00 Cornhole Practice (V) 2:00 BINGO! (AR) 3:00 Movie Matinee - (LB)</p> | <p>Milky Way Galaxy 13</p> <p>9:30 Monday Meditations (AR) 10:00 Monday Morning Moves w/ Discovery at Home (AR) 10:30 Walmart Shopping (ML) 11:00 Wii Bowling and Table Games on your own (AR) 1:30 History - 'Countless Wonders of the Milky Way' (LB) 3:00 BINGO! (AR) 5:30 Evening Yarn Circle (3rd fl)</p> | <p>May Birthday Party! 14</p> <p>9:30 Strength & Flexibility - Seated Exercise for Arthritis (AR) 10:00 Mid Week Worship w/ Pastor Bruce (DR) 11:00 Mexican Train Dominoes (AR) 11:00 Gulf Coast Humane Society Visits from our Furry Friends! 1:30 May Birthday Party w/ Candie Herte! (DR) 3:00 POKENO! (AR)</p> | <p>Secret Elixir 15</p> <p>9:30 Midweek Meditations (AR) 10:00 Sit Fit & Morning Walk (AR) 10:30 Rummikub! (AR) 1:00 Coke Floats & The History of Coca Cola (AR) 1:30 Holy Rosary (LB) 2:00 Menu Chat w/Chefs (AR) 3:00 NICKEL BINGO! (AR)</p> | <p>Health Talk 16</p> <p>9:30 Catholic Communion Service (LB) 9:30 Garden Gurus (V) 10:00 Health & Stamina Fitness (AR) 11:00 - a Health Talk presented by Discovery at Home (AR) 1:00 Activity Planning Meeting (AR) 1:30 Guys Cornhole Challenge! (V) 3:00 Happy Hour w/Ron Lorenzo! (DR)</p> | <p>Machu Picchu 17</p> <p>9:30 Morning Meditation (LB) 10:00 Fit Friday w/Discovery at Home (AR) 10:30 Publix Shopping (ML) 11:00 Table Games run by residents (AR) 1:30 Church Service w/ Rev.Caldwell (LB) 1:30 Explore Machu Picchu (LB) 3:00 Nickel Poker! (AR) 7:00 Game Show Get Together (3rd fl)</p> | <p>Armed Forces Day 18</p> <p>10:00 Sit Fit Moves to Music! (AR) 10:30 Which War Was It? (AR) 11:00 Morning Walk (ML) 1:00 Anagrams with MJ! (AR) 1:30 Play Backgammon (AR) 3:00 POKENO! (AR)</p> |
| <p>Out to St. John XXIII 19</p> <p>9:00 McGregor Baptist Livestream (LB) 10:00 Out to St. John XXIII - Mass at 11:15 (ML) 10:00 Sit Fit on your own (AR) 10:30 Catholic Mass on TV (LB) 1:00 Cornhole Practice (V) 2:00 BINGO!(AR) 3:00 Movie Matinee (LB)</p> | <p>May Ray Day 20</p> <p>9:30 Monday Meditations (AR) 10:00 Monday Morning Moves w/ Discovery at Home (AR) 10:30 Lunch Out to Rooster's Barn & Grill (ML) 11:00 Wii Bowling & Table Games on your own (AR) 1:30 Ray Day Suncatchers (AR) 3:00 BINGO! (AR) 5:30 Evening Yarn Circle (3rd fl)</p> | <p>Foul Ball Day 21</p> <p>9:30 Strength & Flexibility (AR) 10:00 Midweek Worship w/Pastor Bruce (DR) 11:00 Mexican Train Dominoes (AR) 11:00 Gulf Coast Humane Society Visits from our Furry Friends! 1:30 Famous Foul Balls & Play 'You be the Umpire' (AR) 3:00 POKENO! (AR)</p> | <p>Flower Moon Day 22</p> <p>9:30 Midweek Meditations (AR) 10:00 Sit Fit & Morning Walk (AR) 10:30 Full Moons & Their Names + Craft a Moon Mirror (AR) 12:00 Lunch Bunch at Home - Pizza D-Lux (AR) 1:00 Rummikub (AR) 1:30 Holy Rosary (LB) 2:00 Ice Cream Social (AR) 3:00 NICKEL BINGO! (AR) 3:30 Caiya the Therapy Dog Visits</p> | <p>Strawberry Day 23</p> <p>9:30 Garden Gurus (V) 10:00 Health & Stamina Fitness & Morning Walk (AR) 10:30 Ladies Strawberry Tea (V) 1:00 Painting Strawberries a Tutorial by Laurel Greenfield (AR) 1:30 Guys Cornhole Challenge! (V) 3:00 Happy Hour w/ Eva Adams! (DR)</p> | <p>Jim & Lynn 24</p> <p>9:30 Morning Meditation (LB) 10:00 Fit Friday w/Discovery at Home (AR) 10:30 Lunch Out to The Boathouse (ML) 11:00 Table Games run by residents (AR) 1:30 Church Service w/Rev. Caldwell (LB) 3:00 Singalong with Jim & Lynn! (DR) 7:00 Game Show Get Together (3rd fl)</p> | <p>Remember the '60's 25</p> <p>10:00 Sit Fit Moves to Music! (AR) 10:30 Weekly Trivia - The 1960's (AR) 11:00 Morning Walk (ML) 1:00 Anagrams with MJ! (AR) 1:30 Play Backgammon (AR) 3:00 POKENO! (AR)</p> |
| <p>26</p> <p>9:00 Calvary Chapel Service (LB) 10:00 Sit Fit on your own (AR) 10:30 Catholic Mass on TV (LB) 1:00 Cornhole Practice (V) 2:00 BINGO! (AR) 3:00 Movie Matinee - (LB)</p> | <p>Memorial Day 27</p> <p>9:30 Monday Meditations (AR) 10:00 Monday Morning Moves w/ Discovery at Home (AR) 11:00 The Origins of Memorial Day (AR) 11:00 -1:00 Memorial Day Picnic Lunch (DR) 1:30 Mixology Monday - Liquid Sunshile (V) 3:00 BINGO! (AR) 5:30 Evening Yarn Circle (3rd fl)</p> | <p>Tap Dance Day 28</p> <p>9:30 Strength & Flexibility & Try a Little Tap (AR) 10:00 Midweek Worship w/Pastor Bruce(DR) 11:00 Mexican Train Dominoes (AR) 11:00 Gulf Coast Humane Society Visits from our Furry Friends! 11:30 New Resident Welcome Lunch by invitation (Pvt DR) 1:00 Remembering Bill 'Bojangles' Robinson (AR) 3:00 POKENO! (AR)</p> | <p>1,000 Voices 29</p> <p>9:30 Midweek Meditations (AR) 10:00 Sit Fit & Morning Walk (AR) 11:00 Mel Blanc: The Man of a Thousand Voices (AR) 1:00 Rummikub & 'This Day in History' (AR) 1:30 Holy Rosary (LB) 3:00 NICKEL BINGO! (AR) 3:30 Caiya the Therapy Dog Visits</p> | <p>A Colorful Day 30</p> <p>9:30 Garden Gurus (V) 10:00 Health & Stamina Fitness & Morning Walk (AR) 11:00 Artist Lee Krasner & a Four Color Abstract Art Challenge (AR) 1:00 Water Fun on the Back Porch (V) 1:30 Guys Cornhole Challenge! (V) 3:00 Happy Hour w/ Audrey Huneycutt! (DR)</p> | <p>Bermuda Day 31</p> <p>9:30 Morning Meditation (LB) 10:00 Fit Friday w/Discovery at Home (AR) 10:30 Walmart Shopping (ML) 11:00 Table Games run by residents (AR) 1:30 Church Service w/Rev. Caldwell (LB) 1:30 Bermuda Rose & a Virtual Tour of Bermuda (AR) 3:00 Nickel Poker! (AR) 7:00 Game Show Get Together (3rd fl)</p> | |

Discovery Commons Cypress Point, 6870 Alister Way, Fort Myers FL 33912 AR: Activity Room; LB: Library; DR: Dining Room; ML: Main Lobby; V: Veranda; PvtDR: Private Dining Room

Calendar subject to change