

SUN MON TUE WED THUR FRI SAT



MAY DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
11:00 Protestant Church Service (Memory Care Activity Room)
 11:00 TRIVIA (ALLR)
1:30 Bingo (AA)
 3:30 Funniest Kids Videos: You Tube (CAF)

STAFF TOWN HALL MTG
NATIONAL BROTHERS & SISTERS DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Balloon Volleyball Games (ALLR)
 2:00 Movie in the Cafe (Cafe)
2:30 INDEPENDENT RESIDENT ACTIVITY TIME (BLDG)

LUMPY RUG DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Walking Club (BLDG)
2:00 Brandy DePhillips Accordion (ALLR)
 2:00 Room visits on 200 Hallway (BLDG)
 3:30 Adorable Animal Video's-You Tube (CAF)
4:00 Rosary (CAF)

KENTUCKY DERBY DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
11:00 KENTUCKY DERBY HAT MAKING (AA)
1:30 Bingo (AA)
 3:00 Happy Hour: (AA)
 3:30 Book Time: Nicholas Sparks "DREAMLAND" (AA)
 4:00 Resident Choice Classic TV Shows (Cafe)
6:55 KENTUCKY DERBY HORSE RACE ON TV (R2R)

Orthodox Easter Cinco de Mayo
10:00 Virtual Protestant Church Service (Cafe)
 10:30 Morning Chronicle (ALLR)
11:00 Virtual Catholic Mass (Cafe)
1:30 BINGO (AA)
 4:00 Classic TV Shows (CAF)

INTERNATIONAL NO DIET DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Card Games - Modified Go Fish (AA)
1:30 JFF BINGO (AA)
 2:00 Room Visits on 300 Hallway (BLDG)
 2:30 Brain Games (AA)
 3:30 America's Funniest Video's-You Tube (CAF)

TEACHERS DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 RIGHT LEFT CENTER GAME (AA)
1:45 Dollar Tree Outing (OUT)
 3:30 Arts & Crafts: (AA)
 4:00 Name That Smell/feel Game (AA)

COCONUT CREAM PIE DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 TRIVIA (ALLR)
1:30 Bingo (AA)
3:30 Catholic Church Services (Memory Care Activity Room)
 3:30 Funniest Kids Videos: You Tube (CAF)

LOST SOCKS MEMORIAL DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
11:00 LONGMAN JOSEPH NORRIS LIVE MUSIC (Living Room Common Area AL)
 1:55 Outdoor Plant Care & Walks (OS)
 2:30 Arts & Crafts: Water gun Paint Hour (OS)
 3:30 Name that Tune (AA)

FINTASTIC FRIDAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Walking Club (BLDG)
2:00 Brandy DePhillips Accordion (ALLR)
 2:00 Room visits on 200 Hallway (BLDG)
 3:30 Adorable Animal Video's-You Tube (CAF)
4:00 Rosary (CAF)

DOG MOM DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Adult Coloring (AA)
1:30 Bingo (AA)
 3:00 Happy Hour: (AA)
 3:30 Book Time: Nicholas Sparks "DREAMLAND" (AA)
 4:00 Resident Choice Classic TV Shows (Cafe)

Mother's Day
10:00 Virtual Protestant Church Service (Cafe)
 10:30 Morning Chronicle (ALLR)
11:00 Virtual Catholic Mass (Cafe)
1:30 BINGO (AA)
 4:00 Classic TV Shows (CAF)

CROUTON DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Card Games - Modified Go Fish (AA)
1:30 JFF BINGO (AA)
 2:00 Room Visits on 300 Hallway (BLDG)
 2:30 Brain Games (AA)
 3:30 America's Funniest Video's-You Tube (CAF)

DANCE LIKE A CHICKEN DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 RIGHT LEFT CENTER GAME (AA)
1:55 AL Scenic Drive w/ ice cream (OUT)
 3:30 Arts & Crafts: (AA)
 4:00 Name That Smell/feel Game (AA)

NATIONAL NYLON STOCKINGS DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 TRIVIA (ALLR)
1:30 Bingo (AA)
 3:30 Funniest Kids Videos: You Tube (CAF)

UNESCO'S INTERNATIONAL DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Balloon Volleyball Games (ALLR)
2:00 JUST FOR FUN BINGO (AA)
 3:30 Cooking: Chocolate Dipped Treats (AA)
 4:00 Recycled Arts and Crafts: Trinket Bowls (AA)

NASCAR DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Walking Club (BLDG)
 2:00 Room visits on 200 Hallway (BLDG)
 3:30 Adorable Animal Video's-You Tube (CAF)
4:00 Rosary (CAF)

LEARN TO SWIM DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Movie (CAF)
1:30 Bingo (AA)
 3:00 Happy Hour: (AA)
 3:30 Book Time: Nicholas Sparks "DREAMLAND" (AA)
 4:00 Resident Choice Classic TV Shows (Cafe)

WORLD BAKING DAY
10:00 Virtual Protestant Church Service (Cafe)
 10:30 Morning Chronicle (ALLR)
11:00 Virtual Catholic Mass (Cafe)
1:30 BINGO (AA)
 4:00 Classic TV Shows (CAF)

WEIGHTS AND MEASURES DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Card Games - Modified Go Fish (AA)
1:30 JFF BINGO (AA)
 2:00 Room Visits on 300 Hallway (BLDG)
 2:30 Brain Games (AA)
3:00 PETS ON WHEELS VISITING (BLDG)
 3:30 America's Funniest Video's-You Tube (CAF)

MEMO DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 RIGHT LEFT CENTER GAME (AA)
11:30 Salsa's Mexican Lunch (OUT)
 3:30 Arts & Crafts: (AA)
 4:00 Name That Smell/feel Game (AA)

BIOLOGICAL DIVERSITY DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 TRIVIA (ALLR)
1:30 Bingo (AA)
3:30 Catholic Church Services (Memory Care Activity Room)
 3:30 Funniest Kids Videos: You Tube (CAF)

WORLD TURTLE DAY
HAPPY BIRTHDAY "MRS. G"
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Balloon Volleyball Games (ALLR)
2:00 JUST FOR FUN BINGO (AA)
 3:30 Pool Splash - Gazebo (GAZ)

INTERNATIONAL TIARA DAY
HAPPY BIRTHDAY B.A. MC DONALD
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Walking Club (BLDG)
2:00 Brandy DePhillips Accordion (ALLR)
 2:00 Room visits on 200 Hallway (BLDG)
 3:30 Adorable Animal Video's-You Tube (CAF)
4:00 Rosary (CAF)

GEEK PRIDE DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Adult Coloring (AA)
1:30 Bingo (AA)
 3:00 Happy Hour: (AA)
 3:30 Book Time: Nicholas Sparks "DREAMLAND" (AA)
 4:00 Resident Choice Classic TV Shows (Cafe)

THE INDIANAPOLIS 500 DAY
10:00 Virtual Protestant Church Service (Cafe)
 10:30 Morning Chronicle (ALLR)
11:00 Virtual Catholic Mass (Cafe)
1:30 BINGO (AA)
1:45 INDIANAPOLIS 500 RACE (R2R)
 4:00 Classic TV Shows (CAF)

Memorial Day
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Card Games - Modified Go Fish (AA)
1:30 JFF BINGO (AA)
 2:00 Room Visits on 300 Hallway (BLDG)
 2:30 Brain Games (AA)
 3:30 America's Funniest Video's-You Tube (CAF)

INTERNATIONAL BURGER DAY
HAPPY BIRTHDAY CATHY BROWN
HAPPY BIRTHDAY ZAINAB FOFANAH
HAPPY BIRTHDAY ASTRIDA BISHOP
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 RIGHT LEFT CENTER GAME (AA)
11:30 Ye' Old Cafe, Leonardtown Luncheon (OUT)
 3:30 Arts & Crafts: (AA)
 4:00 Name That Smell/feel Game (AA)

NATIONAL FLIP FLOP DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
11:00 RESIDENT COUNCIL MEETING (ALLR)
1:30 Bingo (AA)
 3:30 Funniest Kids Videos: You Tube (CAF)

LOOMIS DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Balloon Volleyball Games (ALLR)
2:00 JUST FOR FUN BINGO (AA)
 3:30 Hairdryer Painting Outside (OS)

HEAT AWARENESS DAY
 10:30 Seated Exercise (Living Room Common Area AL)
 10:50 Morning Chronicle (ALLR)
 11:00 Walking Club (BLDG)
2:00 Brandy DePhillips Accordion (ALLR)
 2:00 Room visits on 200 Hallway (BLDG)
 3:30 Adorable Animal Video's-You Tube (CAF)
3:30 Monthly Resident Birthday Party (AA)
4:00 Rosary (CAF)

LOCATION KEY
 AA - Activity Area
 BLDG - Building
 CAF - Cafe
 GAZ - Gazebo area
 ALLR - Living Room Common Area
 OUT - Outing
 OS - Outside
 R2R - ROOM TO ROOM

May 2024



Discovery Commons at Wildewood, Assisted Living

SUN MON TUE WED THUR FRI SAT



Activities are subject to change without notice.
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 Contact our **NEW EXECUTIVE DIRECTOR, CHERYL ROBERTS** (301-997-8623) with any questions or concerns.

Gloria "Mrs. G." Gehrig 05/23/1937  
 Elizabeth McDonald 05/24/1936  
 Astrida Bishop 05/28/1936

**May Day**  
 10:15 Yoga  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
**1:30 BINGO**  
 3:00 Walking Club  
 4:00 Balloon toss  
 5:00 Book Club

**Staff Town hall Meeting**  
**National Brothers and Sisters Day**  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 11:30 Trivia  
 3:00 Book Club  
 4:00 Card games  
 4:30 Funniest Kids Videos: You Tube

**Lumpy Rug Day**  
 10:15 Yoga  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 11:30 Word Search  
**2:00 Brandy DePhillips Accordion**  
 2:00 Movie and Snack  
 3:00 Walking Club  
**4:00 Rosary**  
 4:30 Home economics/ laundry

**Kentucky Derby Day**  
 10:30 Daily Chronicle  
 11:00 MC Morning Exercise  
 11:15 Parachute Fun  
 2:00 Arts and Crafts  
 3:00 Puzzle Building  
 4:00 Sensory Activity  
 6:00 Travelocity China  
**6:55 KENTUCKY DERBY HORSE RACE ON TV**

**Orthodox Easter**  
**Cinco de Mayo**  
**Cinco de Mayo**  
**10:00 Virtual Protestant Church Service**  
 10:30 Daily Chronicle  
 11:00 MC Morning Exercise  
**11:00 Virtual Catholic Mass**  
 11:45 Bowling  
 2:00 Bingo  
 3:00 Craft corner- Pick Your Craft  
 5:00 Travelocity ~ Far Away Places

**International No Diet Day**  
 10:15 Yoga  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 11:30 Balloon Ball Games  
 1:30 Hangman  
 3:00 Walking Club  
 5:00 Story Hour

**Teachers Day**  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 3:00 Art Club  
 4:00 Seated Yoga  
 5:00 Fur Baby Videos  
 6:00 Travelocity

**Coconut Cream Pie Day**  
 10:15 Yoga  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
**1:30 BINGO**  
 3:00 Walking Club  
**3:30 Catholic Church Services**  
 5:00 Book Club

**Lost Sock Memorial Day**  
**11:00 LONGMAN JOSEPH NORRIS LIVE MUSIC**  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 11:30 Trivia  
 3:00 Book Club  
 4:30 Knitting Club

**Fintastic Friday**  
 10:15 Yoga  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 11:30 Word Search  
**2:00 Brandy DePhillips Accordion**  
 2:00 Movie and Snack  
 3:00 Walking Club  
**4:00 Rosary**  
 4:30 Home economics/ laundry

**Dog Mom Day**  
 10:30 Daily Chronicle  
 11:00 MC Morning Exercise  
 11:15 Parachute Fun  
 2:00 Arts and Crafts  
 3:00 Puzzle Building  
 4:00 Sensory Activity  
 6:00 Travelocity Iceland

**Mother's Day**  
**Happy Mothers Day**  
**10:00 Virtual Protestant Church Service**  
 10:30 Daily Chronicle  
 11:00 MC Morning Exercise  
**11:00 Virtual Catholic Mass**  
 11:45 Bowling  
 2:00 Bingo  
 3:00 Craft corner- Pick Your Craft  
 5:00 Travelocity ~ Far Away Places

**Crouton Day**  
 10:15 Yoga  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 11:30 Balloon Ball Games  
 1:30 Hangman  
 3:00 Walking Club  
 5:00 Story Hour

**Dance like a Chicken Day**  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 2:00 Bowling  
 3:00 Art Club  
 4:00 Seated Yoga  
 5:00 Fur Baby Videos  
 6:00 Travelocity

**National Nylon Stocking Day**  
 10:15 Yoga  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
**1:30 BINGO**  
 3:00 Walking Club  
 4:00 Balloon toss  
 5:00 Book Club

**UNESCO's International Day**  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 11:30 Trivia  
 3:00 Book Club  
 4:00 Card games  
 4:30 Funniest Kids Videos: You Tube

**NASCAR Day**  
 10:15 Yoga  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 11:30 Word Search  
 2:00 Movie and Snack  
 3:00 Walking Club  
**4:00 Rosary**  
 4:30 Home economics/ laundry

**Learn to Swim Day**  
 10:30 Daily Chronicle  
 11:00 MC Morning Exercise  
 11:15 Parachute Fun  
 2:00 Arts and Crafts  
 3:00 Puzzle Building  
 4:00 Sensory Activity  
 6:00 Travelocity Africa

**World Baking Day**  
**10:00 Virtual Protestant Church Service**  
 10:30 Daily Chronicle  
 11:00 MC Morning Exercise  
**11:00 Virtual Catholic Mass**  
 11:45 Bowling  
 2:00 Bingo  
 3:00 Craft corner- Pick Your Craft  
 5:00 Travelocity ~ Far Away Places

**Weights and Measures Day**  
 10:15 Yoga  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 11:30 Balloon Ball Games  
 1:30 Hangman  
**3:00 PETS ON WHEELS VISITING**  
 3:00 Walking Club  
 5:00 Story Hour

**Memo Day**  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 3:00 Art Club  
 4:00 Seated Yoga  
 5:00 Fur Baby Videos  
 6:00 Travelocity

**Day for Biological Diversity**  
 10:15 Yoga  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
**1:30 BINGO**  
 3:00 Walking Club  
**3:30 Catholic Church Services**  
 5:00 Book Club

**World Turtle Day**  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 11:30 Trivia  
 3:00 Book Club  
 4:30 Funniest Kids Videos: You Tube

**International Tiara Day**  
 10:15 Yoga  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 11:30 Word Search  
**2:00 Brandy DePhillips Accordion**  
 2:00 Movie and Snack  
 3:00 Walking Club  
**4:00 Rosary**  
 4:30 Home economics/ laundry

**Geek Pride Day**  
 10:30 Daily Chronicle  
 11:00 MC Morning Exercise  
 11:15 Parachute Fun  
 2:00 Arts and Crafts  
 3:00 Puzzle Building  
 4:00 Sensory Activity  
 6:00 Travelocity Ocean

**The Indianapolis 500**  
 8:00 Knitting Club  
**10:00 Virtual Protestant Church Service**  
 10:30 Daily Chronicle  
 11:00 MC Morning Exercise  
**11:00 Virtual Catholic Mass**  
 11:45 Bowling  
 2:00 Bingo  
 3:00 Craft corner- Pick Your Craft  
 5:00 Travelocity ~ Far Away Places

**Memorial Day**  
**Memorial Day**  
 10:15 Yoga  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 11:30 Balloon Ball Games  
 1:30 Hangman  
 3:00 Walking Club  
 5:00 Story Hour

**Happy Birthday Cathy Brown**  
**Zainab Fofanah**  
**International Burger Day**  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 2:00 Bowling  
 3:00 Art Club  
 4:00 Seated Yoga  
 5:00 Fur Baby Videos  
 6:00 Travelocity

**National Flip-Flop Day**  
 10:15 Yoga  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
**1:30 BINGO**  
 3:00 Walking Club  
 5:00 Book Club

**Loomis Day**  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 11:30 Trivia  
 3:00 Book Club  
 4:30 Funniest Kids Videos: You Tube

**Heat awareness Day**  
 10:15 Yoga  
 11:00 MC Morning Exercise  
 11:15 Daily Chronicle  
 11:30 Word Search  
**2:00 Brandy DePhillips Accordion**  
 2:00 Movie and Snack  
 3:00 Walking Club  
**4:00 Rosary**  
 4:30 Home economics/ laundry



**May 2024**

Discovery Commons at Wildewood, Memory Care

