**ASTON GARDENS**°

At Pelican Marsh

channel 9005)

May 2024

6:00 MT Movie Matinee and Popcorn

DR Dining Room MP Multipurpose Room PG Putting Green FC Fitness Center MC Media Center MT Movie Room P Pool CA Celebration Activities T Tavern DEPART

5:00 T Happy Hour w/ Lou Casanova

6:00 MT Movie Matinee and Popcorn

By Discovery Senior Living Sunday Monday Tuesday Wednesday Thursday Friday Saturday 3 Kentucky Derby 9:00 MP Full Body Fitness 9:00 PG Putting 9:00 MP Full Body Fitness 9:15 MP Stretch & Strength Video 9:45 MP Balance and Stability w/ Marianne 9:30 MP Tai Chi 9:30 @ the Inn Resident-Led Catholic 10:00 MC Rummikub 10:15 P Aquacise Rosary & Communion 10:00 At Home - Beginner Balance 11:00 Depart for Burlington 10:30 MC Jewelry Making 9:45 MP Balance & Stability w/ Marianne 2:00 Dominoes (Mexican Train) 11:15 MP Strength Class w/ Marianne Exercises (Video on channel 9005) 11:00 Depart for Coastland Mall 2:00 Midday Matinee - Documentary Series 1:00 MP Chair Yoga w/ Gerrie 10:00 Orange Blossom Library 2:30 MP Bible Study and Happy Half Hour with 2:00 MP Corn Hole 1:00 T Mahjong 2:15 St. John Catholic Church Pastor Dan 2:00 Hand and Foot 1:45 T Poker 3:00 Bar Trivia (3-7pm) - must complete in bar 2:00 Midday Matinee and Popcorn 2:30 At Home - Chair Yoga Stretch 5:00 Happy Hour with NEW 3:00 CA Freestyle Sip & Paint Hour 3:30 MP Wii Bowling (Video on channel 9005) **ENTERTAINMENT Dreams Duet** 6:00 MP BINGO! 6:00 Movie Matinee and Popcorn 5 Spring Clean Your Closet Week Spring Clean Your Closet Week 11 6 Spring Clean Your Closet Week 7 Spring Clean Your Closet Week 9:00 MC Let's Get Together w/ Frank: Chit Chat 9:00 MP Full Body Fitness 9:00 Morning Stretch (Video on Channel 9005) 9:00 MP Full Body Fitness 9:00 PG Putting 9:00 MP Full Body Fitness 9:15 MP Stretch & Strength Video 9:00 PG Putting 9:45 MP Balance and Stability w/ Marianne 9:30 At Home - Seated Morning Stretch (Video on 9:30 MP Tai Chi 9:45 MP Balance & Stability w/ Marianne 9:30 @ the Inn Resident-Led Catholic Rosary **Fitness** 9:30 MP Tai Chi 10:00 Depart Best of Everything channel 9005) 10:15 P Aquacise & Communion 10:00 CA Painting Class with Monique 10:15 PAquacise 10:00 MC Rummikub 10:30 Me Jewelry Making 10:00 At Home - Beginner Balance 9:45 MP Balance & Stability w/ Marianne 9:30 Presbyterian Church (Vanderbilt) 10:15 T Bridge 10:30 MC Cribbage 2:00 Dominoes (Mexican Train) 11:15 MP Strength Class w/ Marianne 10:00 MP Nondenominational Church Service (Also 10:00 Depart for Flamingo Island Flea Market Exercises (Video on channel 2:00 MP FGCU Academy Presentation: The 11:00 CA Stitch, Gift, and Gab! 2:00 Midday Matinee - Documentary Series 1:00 MP Chair Yoga w/ Gerrie on 9005) 1:00 Mahjong Invisibility of Social Issues in SWFL 11:00 Tech Time with Steven 2:30 MP Bible Study and Happy Half Hour with 9005) 2:00 MP Corn Hole 10:30 BRUNCH! 1:45 T Poker 2:00 MT Monday Matinee 11:15 MP Strength Class w/ Marianne Pastor Dan 2:00 Hand and Foot 12:00 MC Bridge 2:15 St. John Catholic Church 2:00 MP Arthrex Presentation: What They Do 3:00 @ the Inn: St. John the Evangelist Mass 1:00 MP Chair Yoga 4:00 MP BINGO! 2:00 Midday Matinee and Popcorn 12:30 MC Pinochle 3:00 Bar Trivia (3-7pm) - must complete in bar and Virtual Tour 2:30 At Home - Chair Yoga Stretch 2:00 Midday Matinee and Popcorn 6:00 IT It's BUNCO Time! 3:30 MP Wii Bowling 1:30 At Home - Chair Pilates (Video on 3:00 Pressed Flower Vase Craft w/ Wine 5:00 Happy Hour with Vic Tommarchi 2:00 MP Shelter for Abused Women Talk 6:00 MT Mystery Monday Movie (Video on channel 9005) 6:00 Movie Matinee and Popcorn channel 9005) 6:00 MP BINGO! 6:00 Movie Matinee and Popcorn 17 Happy Mother's Day 9:00 Morning Stretch (Video on Channel 9005) 9:00 MP Full Body Fitness 9:00 PG Putting 9:00 MP Full Body Fitness 9:00 PG Putting 9:00 MP Full Body Fitness 9:15 MP Stretch & Strength Video 9:45 MP Balance & Stability w/ Marianne 9:30 Special Event: Ladies' Thrift Store Shopping 9:30 MP Tai Chi 9:30 At Home - Seated Morning Stretch (Video on 9:45 MP Balance and Stability w/ Marianne 9:30 @ the Inn Resident-Led Catholic Rosary **Fitness** and Lunch- All Day Event 10:00 CA Painting Class with Monique 10:15 P Aquacise 10:00 Depart for Seed to Table channel 9005) & Communion 10:00 At Home - Beginner Balance 9:30 MP Tai Chi 10:15 Bridge 10:30 Me Jewelry Making 10:00 MC Rummikub 9:30 Presbyterian Church (Vanderbilt) 9:45 MP Balance & Stability w/ Marianne 11:00 Mother's Day Tea & Mimosas -Sign Up Only 10:15 P Aquacise 11:00 Coffee w/ the Vets - Avow Volunteer Exercises (Video on channel 9005) 2:00 Dominoes (Mexican Train) 10:00 MP Nondenominational Church Service (Also 2:00 MP Expert Speaker on Fall Prevention and 11:00 FC Fall Risk Prevention Testing w/ DAH 11:15 MP Strength Class w/ Marianne 10:00 Depart for Ollies 2:00 MT Midday Matinee - Documentary Series 10:00 Orange Blossom Library on 9005) Resident Speaker, Alex Callas 11:00 CA Stitch, Gift, and Gab! 1:00 MP Chair Yoga w/ Gerrie 1:00 MC Carey w/ Connect Hearing Visit 2:30 MP Bible Study and Happy Half Hour with 10:30 BRUNCH! 2:15 St. John Catholic Church 2:00 Monday Matinee 11:15 MP Strength Class w/ Marianne 2:00 Hand and Foot 1:00 MP History of Mexico Presentation 12:00 MC Bridge 4:00 MP BINGO! 1:00 MP Chair Yoga 2:00 Midday Matinee and Popcorn 2:30 At Home - Chair Yoga Stretch (Video 3:00 Bar Trivia (3-7pm) - must complete in bar 1:00 T Mahjong 12:30 MC Pinochle 6:00 It's BUNCO Time! 2:00 MC Hand and Foot 3:00 MP Special Twisted Trivia Event w/ Spotlight 3:00 CA Freestyle Sip & Paint Hour on channel 9005) 1:30 At Home - Chair Pilates (Video on 6:00 Mystery Monday Movie 2:00 MP Walker Tune Up with Mobility City Entertainment 1:45 T Poker 6:00 MP BINGO! 6:00 Movie Matinee and Popcorn 4:30 Karaoke w/ JR channel 9005) 6:00 Movie Matinee and Popcorn 5:00 Happy Hour with Mended Hearts 21 22 23 25 9:00 Morning Stretch (Video on Channel 9005) 9:00 Me Let's Get Together w/ Frank: Chit Chat 9:00 MP Full Body Fitness 9:00 PG Putting 9:00 MP Full Body Fitness 9:00 MP Full Body Fitness 9:15 MP Stretch & Strength Video 9:30 At Home - Seated Morning Stretch (Video on 9:00 PG Putting 9:45 MP Balance and Stability w/ Marianne 9:30 MP Tai Chi 9:30 @ the Inn Resident-Led Catholic Rosary 9:45 MP Balance & Stability w/ Marianne Fitness 9:30 MP Tai Chi 10:00 Depart Brunch at Skillets channel 9005) 10:15 P Aquacise 10:00 CA Painting Class with Monique & Communion 10:15 Aquacise 9:30 Presbyterian Church (Vanderbilt) 10:00 At Home - Beginner Balance 10:00 MC Rummikub 10:30 Book Club 9:45 MP Balance & Stability w/ Marianne 10:15 T Bridge 10:30 MC Cribbage 10:00 MP Nondenominational Church Service (Also 2:00 Dominoes (Mexican Train) 10:30 MC Jewelry Making Exercises (Video on channel 10:00 Depart for Hobby Lobby 2:00 MP FGCU Academy Presentation: 11:00 CA Stitch, Gift, and Gab! on 9005) 2:00 MT Midday Matinee - Documentary Series 11:15 MP Strength Class w/ Marianne 10:30 BRUNCH! 11:00 MT Tech Time with Steven 1:00 MP Arthritis Awareness Presentation 9005) iPhone-ography 2:30 MP Bible Study and Happy Half Hour with 1:00 MP Chair Yoga w/ Gerrie 11:15 MP Strength Class w/ Marianne 11:00 Music in the Lobby w/ Carl Evans 2:00 MT Monday Matinee 1:00 T Mahjong Pastor Dan 2:00 MP Corn Hole 2:15 St. John Catholic Church 1:00 MP Chair Yoga 12:00 MC Bridge 3:00 Bar Trivia (3-7pm) - must complete in bar 4:00 MP BINGO! 2:00 Hand and Foot 1:45 T Poker 2:30 At Home - Chair Yoga Stretch 2:00 MC Hand and Foot 12:30 MC Pinochle 3:00 CA Freestyle Sip & Paint Hour 2:00 Midday Matinee and Popcorn 6:00 T It's BUNCO Time! 5:00 T Happy Hour w/ Darci J 2:00 Midday Matinee and Popcorn 1:30 At Home - Chair Pilates (Video on channel 9005) (Video on channel 9005) 6:00 MP BINGO! 3:30 WP Wii Bowling 6:00 MT Mystery Monday Movie 6:00 MT Movie Matinee and Popcorn 29 31 26 Memorial Day 28 30 9:00 MC Let's Get Together w/ Frank: Chit Chat 9:00 MP Full Body Fitness 9:00 PG Putting 9:00 Morning Stretch (Video on Channel 9005) 9:00 MP Full Body Fitness 9:00 MP Full Body Fitness 9:00 PG Putting 9:30 MP Tai Chi 9:45 MP Balance and Stability w/ Marianne 9:30 At Home - Seated Morning Stretch (Video on 9:30 @ the Inn Resident-Led Catholic 9:45 MP Balance & Stability w/ 9:30 MP Tai Chi 10:15 P Aquacise 10:00 Depart for Trader Joe's channel 9005) Rosary & Communion 10:00 Memorial Day Ceremony 10:30 Me Jewelry Making 10:00 MC Rummikub 9:30 Presbyterian Church (Vanderbilt) Marianne 10:15 P Aquacise 11:15 MP Strength Class w/ Marianne 9:45 MP Balance & Stability w/ Marianne 10:00 MP Nondenominational Church Service (Also 2:00 Dominoes (Mexican Train) MEMORIAL DAY 10:15 T Bridge 10:30 MC Cribbage 1:00 MP Chair Yoga w/ Gerrie 2:00 MT Midday Matinee - Documentary Series on 9005) 10:00 Depart The Baker Museum 11:00 CA Stitch, Gift, and Gab! 2:00 DR Chef Demo 11:00 DR Brunch: Indoor Cookout 2:30 MP Bible Study and Happy Half Hour with 10:30 BRUNCH! 11:00 CA Activities Open Forum HONORING ALL WHO SERVED 11:15 MP Strength Class w/ Marianne 2:00 MP Corn Hole Pastor Dan 12:00 MC Bridge 6:00 T It's BUNCO Time! 2:00 MC Hand and Foot 1:00 T Mahjong 2:00 Hand and Foot 3:00 Bar Trivia (3-7pm) - must complete in bar 12:30 MC Pinochle 2:00 Midday Matinee and Popcorn 2:00 Midday Matinee and Popcorn 3:00 CA Freestyle Sip & Paint Hour 1:45 T Poker 1:30 At Home - Chair Pilates (Video on 3:00 MP Town Hall 3:30 MP Wii Bowling 6:00 MP BINGO!